



9th Annual Ann Arbor Skills and Showcase Competition
Ann Arbor FSC
Ann Arbor Ice Cube ♦ 2121 Oak Valley Dr ♦ Ann Arbor, MI
(734) 213-6768
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June 11, 2011
Entry Deadline: May 16, 2011

The 9th Annual Ann Arbor Skills and Showcase Competition, sponsored by the Ann Arbor FSC will be held at the Ann Arbor Ice Cube on June 11, 2011. The ice surface measures 200 x 85 feet. This is a US Figure Skating approved Basic Skills Competition. Questions regarding this competition should be directed to Jim Achtenberg, jacht@umich.edu or 734 428-7992. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Michigan Basic Skills Series – The Ann Arbor Skills and Showcase is no longer a part of the Michigan Basic Skills Series. We have simply grown significantly, and no longer fit with the Series goals. Our events are compatible with the Michigan Basic Skills Series. We run the Skills and Showcase much like our larger Springtime Invitational competition in an effort to prepare the skater for an easy progression to higher-level competitions.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either a Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must register with Ann Arbor Figure Skating Club or any other US Figure Skating Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and through Basic 8 skaters must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed. Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating “Basic Skills Competition Manual” program.

Entry Fees – The first event is \$40.00, and each additional event is \$20.00. All entries must be postmarked no later than May 16, 2011. Late entries will be accepted at the discretion of the organizers, and are

subject to a \$15.00 late fee. Entry fees are per person, U.S. dollars.

On-Line entry is available at www.sk8stuff.com On-line entry is the method of the future, and guarantees your entry is as you desire (including the proper spelling of your name, since we do not have to read your handwriting!). You will still need to mail in a check with a payment coupon for the entry fees.

For those of you who prefer paper entry forms, the entry forms must be filled out legibly and completely and mailed with payment.

There will be a \$35.00 fee for returned checks. Full refunds including practice ice, are available if withdrawal is prior to May 16, 2011. After May 16, entry refunds are only available if the competition is not held or there is a death in the competitor’s immediate family. There will be NO medical refunds given.

Awards – **All competitors will receive a medal.** All events are final rounds. ALL awards will be made at appropriate times throughout the competition. Bring your camera!

Registration – The registration desk will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

Schedule of Events – Skater and Coach schedules will be posted on the Internet at the Figure Skater’s Website, www.sk8stuff.com and www.annarborfsc.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Skaters entering online will be able to pre-order and select sessions online for \$8 per session. Unreserved sessions may be available for \$9.00, payable at the door.

BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWPLOW SAM – BASIC 8

• **BASIC ELEMENTS**

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

• **BASIC PROGRAM W/MUSIC**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise [not required for program with music] 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum of three revolutions 4. Side toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn from a standstill - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise - 4-6 consecutive 3. Backward one foot glide - either foot 4. Forward slalom 5. Two foot spin – minimum 3 revolutions 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position – minimum 3 revolutions
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside three turn from a standstill - R & L 2. Forward outside edge on a circle clockwise or counter clockwise [not required for program with music] 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking 4-6 strokes 5. Backward snowplow stop - R or L 	

Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin – minimum 3 revolutions 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel spin – minimum 3 revolutions 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time: 1:15
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump. 3. Solo spin –sit or camel spin – minimum 3 revolutions 4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. 	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	Time: 1:15
Preliminary Compulsory	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination [may not use Lutz or Axel] 3. Camel spin – minimum 3 revolutions 4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. 	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	Time: 1:15

Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced free skate program but NOT both during the same competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 for each technical element included that is not permitted in the event description.
- 0.2 for each extra or lacking element .
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	1. Jumps with not more than ½ rotation [front to back or back to front]. 2. Jump sequences allowed. 3. Maximum of 5 jump elements.	1. Two upright spins, no change of foot. 2. Minimum of 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program.	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	1. Jumps with not more than ½ rotation [front to back or back to front]. 2. Single rotation jumps: Salchow and Toe Loop only. 3. Jump combos and sequences with above jumps allowed. 4. Maximum of 5 jump elements.	1. Two upright spins, change of foot optional 2. Minimum of 3 revolutions.	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No Test Time: 1:30 +/-10	1. Maximum of 5 jump elements 2. No axels or double jumps <i>Refer to USFS Rulebook #3721 for more into</i>	1. Maximum of 2 spins of a different nature 2. Min of 3 revolutions 3. Spins may change feet and start with a fly.	1. One step sequence utilizing ½ ice surface 2. Straight line, circular, or serpentine.	May not have passed any official U.S. Figure Skating free skate tests.
Pre-Preliminary Test Track Time: 1:30 +/- 10	1. Jumps with not more than ½ rotation (front to back or back to front) 2. Single rotation jumps (Salchow, toe loop, and loop only) 3. Jump combinations or sequences with above jumps allowed. 3. Maximum of 5 jump elements.	1. Maximum of two spins of a different nature held in one position only, no change of foot. 2. No flying spins 3. Minimum 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Test Track Time: 1:30 +/- 10	1. Jumps with not more than one rotation [no axels]. 2. Jump combinations and sequences are allowed. 3. Maximum of 5 jump elements.	1. Maximum of two spins of a different nature 2. Combination spins allowed. 3. No flying spins 4. Minimum of 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate
Pre-Preliminary Well Balanced Time: 1:30 +/- 10	1. Axels allowed 2. No double jumps permitted 3. Maximum of 5 jump elements. <i>Refer to USFS Rulebook #3711 for more into</i>	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular, or serpentine	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Well Balanced Time: 1:30 +/- 10	1. Maximum of 5 jump elements, one must be an Axel or waltz-type jump <i>Refer to USFS Rulebook #3701 for more into</i>	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular, or serpentine	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate

Spins Events

- To be skated on 1/2 of the ice surface
- Skating order of the required elements is optional
- No music will be allowed
- Boys and girls may be grouped together

LEVEL	ELEMENTS	QUALIFICATIONS	Program Length
Basic Skills	<ol style="list-style-type: none"> 1. Forward pivot, either foot 2. Two Foot Spin 3. Forward One Foot Spin 	Basic 1-8	1:00 max
Beginner	<ol style="list-style-type: none"> 1. Two Foot Spin [min. 3 revolutions] 2. Forward One Foot Spin [min. 3 revolutions] 3. Sit Spin 	Free skate 1-6, Beginner, No Test	1:00 max
Pre-Preliminary	<ol style="list-style-type: none"> 1. Forward Scratch Spin [min. 3 revolutions] 2. Backward One Foot Spin [min. 3 revs] 3. Camel Spin [min.3 revolutions] 	Must have passed no higher than Pre-Preliminary Free Skate Test	1:10 max
Preliminary	<ol style="list-style-type: none"> 1. Forward Scratch Spin [min. 3 revolutions] 2. Backward One Foot Spin [min. 3 revs] 3. Combination Spin of choice – minimum 2 changes of position or foot 	Must have passed no higher than Preliminary Free Skate Test	1:10 max

Jumps Events

- To be skated on 1/2 of the ice surface
- Skater will perform 2 different jumps with 2 opportunities for each. The best jump of each will be judged.
- No music will be allowed
- Boys and girls may be grouped together

LEVEL	ELEMENTS	QUALIFICATIONS
Basic Skills	<ol style="list-style-type: none"> 1. Waltz Jump 2. Half Flip or Half Lutz 	Basic 6 – No Test
Beginner	<ol style="list-style-type: none"> 1. Salchow 2. Toe Loop Combination 	Must not have passed the Pre-Preliminary Free Skate Test
Pre-Preliminary	<ol style="list-style-type: none"> 1. Lutz Jump 2. Waltz Jump / Loop Jump Combination 	Must have passed no higher than the Pre-Preliminary Free Skate Test
Preliminary	<ol style="list-style-type: none"> 1. Axel 2. Single / Single Combination [no axel] 	Must have passed no higher than the Preliminary Free Skate Test

Interpretive Programs

During warm-up skaters will hear music selection twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater will be allowed to hear the music for the 3rd time. The listening skater will not be allowed to view the performing skater.

LEVEL	ELEMENTS / MUSIC THEME	QUALIFICATIONS	PROGRAM LENGTH
Beginner	No flying spins or combination spins	Basic 7 – No Test	1:15 minutes Or less
Pre-Preliminary	No flying spins, axels or double jumps	Passed no higher than Pre-Preliminary Free Skate Test	1:30 minutes Or less
Preliminary	No double jumps	Passed no higher than Preliminary Free Skate Test	1:30 minutes Or less

Artistic Showcase

- Theme of skater's choice
- Music may contain words
- Judging will emphasize interpretation of music rather than technical skills
- Costumes that complement the music will be allowed
- Skaters may use hand props or those they can get on and off the ice without assistance

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic Skills	Elements up to and including Basic 8	May have passed up to and including Basic 8	1 minute or less
Beginner	3 jump maximum. ½ rotation jumps, plus Salchow and toe loop.	May not have passed any official USFS Free Skating Tests	1 ½ minutes +/- 10 seconds
Pre-Preliminary	3 jump maximum. No Axel or double jumps permitted	Must have passed no higher than USFS Pre-Preliminary Free Skate Test	1 ½ minutes +/- 10 seconds
Preliminary	3 jump maximum. Axels are permitted, but no double jumps allowed	Must have passed no higher than USFS Preliminary Free Skate Test	1 ½ minutes +/- 10 seconds

Certification of Competitor

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the ANN ARBOR FIGURE SKATING CLUB AND ANN ARBOR ICE CUBE harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

As a participant, or parent/guardian of a minor participant, in the Ann Arbor Skills and Showcase, I understand that the Ann Arbor Skills and Showcase, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Ann Arbor Skills and Showcase scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Ann Arbor Skills and Showcase purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____
Please print clearly

Are you registered on USFS Coaches Registry for 2011? Yes USFS # _____
If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Coach Phone _____ Coach E-mail Address: _____
Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with USFSA Number ____ Club Officer/Program Director Signature

____ Check payable to ANN ARBOR FSC ____ Events to be entered checked properly

IF ENTERING ON-LINE (PREFERRED), YOU ONLY NEED TO MAIL THE PAYMENT COUPON FROM THE ON-LINE REGISTRATION SYSTEM AND CHECK. Do not mail this entry form.